

A BRAND-NEW SERIES BY DR. ROBERT JEFFRESS

SPIRITUAL FITNESS

STRENGTHENING YOUR FAITH IN TROUBLED TIMES

A STUDY OF HEBREWS 11-13

DETOURS THAT DESTROY

HEBREWS 13:4-6

OCTOBER 18, 2020

Introduction: While we are “running the race” God has planned for us, there are two detours we must avoid that are guaranteed to distract us and destroy us.

Hebrews 12:1-3 ¹ “Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, ² fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. ³ For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.”

I. **Detour #1: Immorality** (Hebrews 13:4)

Hebrews 13:4 “Marriage is to be held in honor among all, and the marriage bed is to be undefiled; for fornicators and adulterers God will judge.”

A. **Revere the Concept of Marriage**

Matthew 19:4-6 ⁴ “And He answered and said, ‘Have you not read that He who created them from the beginning MADE THEM MALE AND FEMALE, ⁵ and said, FOR THIS REASON A MAN SHALL LEAVE HIS FATHER AND MOTHER AND BE JOINED TO HIS WIFE, AND THE TWO SHALL BECOME ONE FLESH? ⁶ So they are no longer two, but one flesh. What therefore God has joined together, let no man separate.’”

B. **Renew Your Commitment to Your Marriage**

C. Realize the Consequences of Immorality

1 Corinthians 6:18 “Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body.”

II. Detour #2: Materialism (Hebrews 13:5-6)

Hebrews 13:5-6 ⁵ “Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, ‘I WILL NEVER DESERT YOU, NOR WILL I EVER FORSAKE YOU,’ ⁶ so that we confidently say, ‘THE LORD IS MY HELPER, I WILL NOT BE AFRAID. WHAT WILL MAN DO TO ME?’”

1 Timothy 6:10 “For the love of money is a root of all sorts of evil, and some by longing for it have wandered away from the faith and pierced themselves with many griefs.”

A. Avoid Unnecessary Entanglements with Money

Proverbs 22:7 “The rich rules over the poor, and the borrower becomes the lender’s slave.”

B. Learn the Secret of Contentment

Philippians 4:11-12 ¹¹ “Not that I speak from want, for I have learned to be content in whatever circumstance I am. ¹² I know how to get along with humble means, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need.”

C. Acknowledge the Sufficiency of God

Hebrews 13:5-6 ⁵ “Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, ‘I WILL NEVER DESERT YOU, NOR WILL I EVER FORSAKE YOU,’ ⁶ so that we confidently say, ‘THE LORD IS MY HELPER, I WILL NOT BE AFRAID. WHAT WILL MAN DO TO ME?’”

Hebrews 10:34 “For you showed sympathy to the prisoners, and accepted joyfully the seizure of your property, knowing that you have for yourselves a better possession and a lasting one.”

III. Final Thoughts For Getting Back On Track

A. Will You Renew Your Commitment to Say “No” to Immorality of Any Kind?

B. Will You Commit to Be Content with Your Financial Circumstances?

Conclusion