



PRESSING ON

TO MATURITY

A Study of the Book of Hebrews

FROM HERE TO MATURITY
HEBREWS 5:11-14

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Introduction: Just as a chain is no stronger than its weakest link, a church is no stronger than its weakest member. Yet, most churches suffer from a number of “weak links” due to the epidemic problem of spiritual immaturity in the church. Today, the writer of Hebrews explains the problem, the symptoms, and the remedy for spiritual immaturity in our lives.

I. The Problem Of Spiritual Immaturity (Hebrews 5:11)

Hebrews 5:11 “Concerning him [Melchizedek] we have much to say, and it is hard to explain, since you have become dull of hearing.”

A. Lack of Nourishment

B. Lack of Exercise

II. The Symptoms Of Spiritual Immaturity (Hebrews 5:12-13)

A. Lack of Development (Hebrews 5:12a)

Hebrews 5:12a “For though by this time you ought to be teachers, you have need again for someone to teach you the elementary principles of the oracles of God,”

1 Corinthians 3:1 “And I, brethren, could not speak to you as to spiritual men, but as to men of flesh, as to babes in Christ.”

Two Descriptions of Immature Christians

1. Men of the **flesh**

2. **Babes** in Christ

B. **Restricted Diet** (Hebrews 5:12b-13)

Hebrews 5:12b-13 ^{12b} “You have come to need milk and not solid food. ¹³ For everyone who partakes only of milk is not accustomed to the word of righteousness, for he is a babe.”

III. **The Remedy For Spiritual Immaturity** (Hebrews 5:14)

Hebrews 5:14 “But solid food is for the mature, who because of practice have their senses trained to discern good and evil.”

Christian Maturity Growth Plan

A. **Confirm Your Relationship with Christ**

B. Build Some Spiritual Disciplines Into Your Life

1 Timothy 4:8 “For bodily discipline is of only little profit, but godliness [spiritual discipline] is profitable for all things, since it holds the promise for the present life and also the life to come.”

C. Learn to Listen Attentively

D. Find a Place of Spiritual Service

E. Obey What You Know to be True

F. Make Spiritual Growth a Priority

Conclusion